



## Emmanuelle Vaugier The Two and a Half Men star opens up about the two half-pint women in her life

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Emmanuelle Vaugier knows how to steam things up. Whether she's charming Charlie Sheen's character on CBS' award-winning sitcom *Two and a Half Men* or entrancing men across the country as one of *Maxim's* "Top 100" women, Vaugier can certainly turn up the heat. But when the lights go down and the cameras stop rolling, the Vancouver-bred actress likes to don a pair of sweats, turn on the TV and cuddle on the couch with her Toy Poodles, Lily and Isabelle. "My dogs help to keep me calm and grounded," the 32-year-old actress, who has also appeared in *Saw 2* and *CSI NY*, says "No matter what kind of day you've had, they are always there for you."

### **Tell us about your dogs. What are their personalities like?**

I have two Toy Poodles, both females. Lily is 14 years old this year, and Isabelle will be 10 years old. Lily is the little princess who loves to lounge around and be catered to. She's fairly picky about her food and sleeps in the bed like a human with her head on the pillow. Izzy is the feisty one who loves to play with her toys and loves food. Isabelle needs to have a visual on you at all times; Lily, on the other hand, is perfectly happy to be relaxing in some other part of the house, as long as she has been fed and has found a patch of sun to lay in.

### **Is it hard to juggle your busy work schedule with the responsibilities of being a pet parent?**

I'm lucky that both dogs are small and can pretty much travel with me anywhere. On the occasion that I have to fly somewhere that is not pet-friendly, I fly them up to my mother's home in Vancouver and they stay with her while I'm gone ...After all, she does refer to them as her grandchildren!

### **Are you involved with any animal charities?**

I'm involved with a rescue organization called JIMI'S ANGELS; I foster and help find homes for the dogs that come through. Generally, they are dogs from the pound that are on death row or, puppies from backyard breeders or puppy-mill busts.

### **Why do you consider yourself a dog lover?**

As painful as it is to lose your best friend, the years of joy they bring to your life make it all worth the while.

### **What is the most important lesson you've learned from the dogs?**

To live in the moment. Dogs don't live in the past or the future; they are excited about what's happening right now.



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