

J: I was really impressed with how down to earth Emmanuel is with her approach to acting and the discipline and drive you had. My question is:

Where did these habits form? It's very impressive what you've accomplished, but the foundations of that is you. Where did you learn that resiliency and perseverance?

E: My parents did the best they could with what they had. From a young age, if I wanted something, I had to find a way to make it happen for myself. Growing up, my dad instilled in me that I can be, do and have anything that I want in life, no matter what my circumstances, as long as I believe I can. That has stayed with me and is at the core of what continues to drive me.

J: Do you feel you made it? I hear success often never looks like what it seems to, but you've accomplished some incredible things. What pushes you at this point?

E: With each accomplishment comes a new goal. I am proud of how far I've come and grateful for the experiences I've had so far, but I definitely feel I have so much more to explore and strive for, both in my career and personal life.

J: Anyone you feel like you think helped you along the way?

E: I wouldn't be where I am without the support of those that have helped me along the way. I certainly didn't get here alone.

J: Is there a kind of role you haven't done in your career that you want to at this point?

E: I would love to do more film and TV projects that involve riding horses! That would be the ultimate combo of my personal and work passions! I would be complete!

What is your social media handle?

@emmanuellevaugier

Emmanuelle Vaugier

, the beautiful

actress most well known for her roles in shows ranging from *Two and a Half Men*, *Lost Girl*, *One Tree Hill*, to *CSI: New York*, to movies like *Saw* and *Saw IV*. She shines as much in real life as she does on film. She is currently prepping for a project slated to shoot in the coming weeks.

Emmanuelle balances her film and television commitments with her charity Fluffball, her two dogs Jack and Bella, and her horse Bunny. You can keep up with Emmanuelle by following her on [Instagram.com/EmmanuelleVaugier](https://www.instagram.com/EmmanuelleVaugier).

In our interview with Emmanuelle for *I'm Here With*, which is now on our podcast and youtube pages, her mindset and approach to life and her approach to dreams came up.



The Dreamers Issue
THE PROMOTION PEOPLE
Photographer Peter Svenson
Hair/Make up by Troy Jensen